



How to Lead a **Spiritually- Transformative LifeGroup**

Living a life of overflow that impacts for eternity.



Our mission:

Students often feel alone navigating questions about faith and major transitions in college.

LifeGroups provides opportunities for students to **belong** in spiritual small group communities, to personally **behold** God, and to **become** empowered as disciple-makers of Jesus Christ.

A photograph of three young women sitting on a wooden bench in a tulip field. They are all looking down at their hands, which are resting on their laps. The woman on the left is wearing a red and white striped shirt and blue jeans. The woman in the middle is wearing a light-colored knit top and blue jeans. The woman on the right is wearing a light blue floral shirt and blue jeans. The background is filled with rows of tulips in various colors, including red, orange, and yellow. The lighting is bright and natural, suggesting a sunny day.

Belong. Behold. Become.

**The success of your LifeGroup is
often dependent on one major
thing: your overflow.**

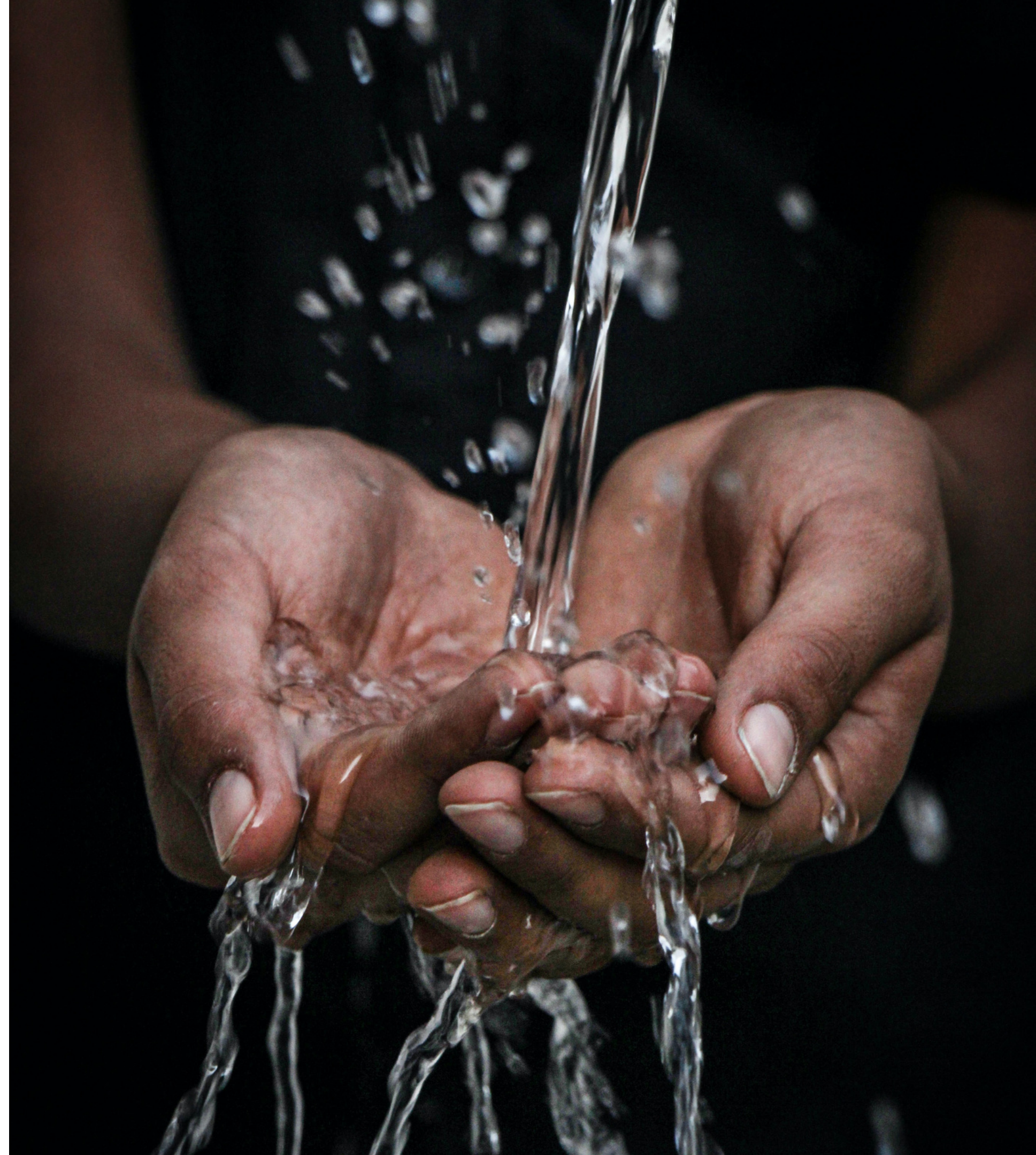
What is **overflow**?

Pitcher: Living water >

Cup: Personal worship >

Saucer: Immediate sphere of influence >

Plate: Broader network and community



Establish spiritual rhythms.

Personal Worship:

- Do you experience daily, unrushed time with God?
- What is your Sabbath rhythm?

Corporate Worship:

- Where do you find belonging in faith community?
- Do you have a church you actively engage in?



Establish spiritual **rhythms** cont.

Outreach/Service:

- How are you fulfilling the gospel mandate of James 1:26 and Micah 6:8?

Life Calling:

- How are you aligning your future with God's vision for your life?





**You can only fill up others
if you've been filled first.**

Step **into** Scripture.

Choose a character in the story.

- 1) The paralyzed man,
- 2) One of his friends,
- 3) A disciple,
- 4) An ill person in the crowd
who was not healed.

How does God's Word apply to your life?

While stepping into scripture ask:

- What do you observe as you put yourself in the shoes of your character?
- How does this story intersect with your life?
- What is Jesus' invitation to you?



Read **Mark 2:1–12**.

Read Mark 2:1–12.

Reflect personally.

Share your reflections with your group.

What's the point?

A. PAUL ADDRESSES THE CHURCH

Through various sources, including jealousy, divisions, Churches today must also observe how Paul handled these issues.

1 Paul, called to be an apostle of Christ Jesus, to the church of God in Corinth, to the holy, together with all those everywhere who call on the name of our Lord Jesus Christ, the Son of God, the Father of glory and peace to you from God our Father and Jesus Christ our Lord:

Thanksgiving

I always thank God for you because of his grace that you have been enriched in every way—in all your knowledge and understanding, because of the gift that you have received from God, the Father of glory and peace to you from God our Father and Jesus Christ our Lord, so that you will be able to share with all people the good news that I have called you into fellowship with.

Corinth while
journey
acr



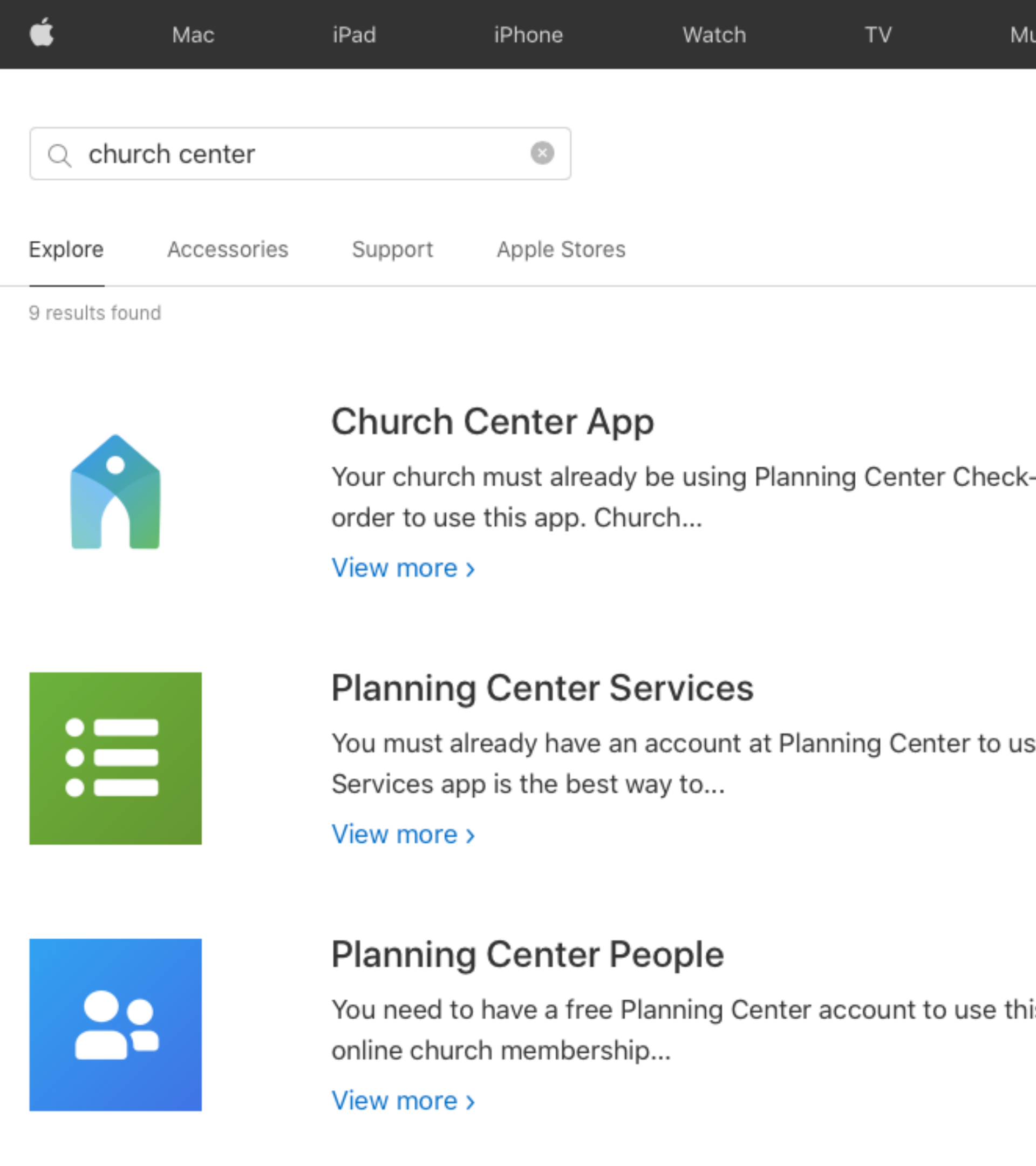
We want to ensure you belong, behold, and become first.

- Lead your LifeGroup from spiritual overflow not spiritual depletion.
- Model spiritual transformation to your LifeGroup.
- Guide members of your LifeGroup to belong, behold, and become.
- Grasp the vision God has for your LifeGroup.
- Work yourself "out of a job" by empowering your members to lead.



12 Things You Need to Know Before Launching Your LifeGroup

Safety guidelines, recruiting, attendance & more.



Take attendance.

- Make sure your group is registered.
- Download the "Church Center" app.
 - Click on your group
 - Make weekly events for your LifeGroup via the website.
 - Once you have weekly events set up, you'll be able to click "take attendance" on the day of the event.
 - Take attendance and click submit.
- To make changes to your events, members, etc. you must visit groups.planningcenteronline.com or email lifegroups@southern.edu.
- Keep membership up-to-date.
 - Remove members who are inactive.
 - Check for new member requests.
- If you experience problems taking attendance on the app, please email lifegroups@southern.edu with ID#s and LifeGroup information.

Other essentials.

- Spend money! \$50 for each LifeGroup
- Incorporate outreach by visiting www.southern.edu/serve
- Empower your members
- Meet consistently
- Personalize the content of your LG
- Establish confidentiality
- Work with your co-leader
- Plan intentionally
- Begin with the end in mind



When in **doubt**?

Reach out to your LifeGroup Coach
Visit www.southern.edu/lifegroups
Contact www.lifegroups@southern.edu

May each member of your
LifeGroup experience **belonging**,
behold God personally, and
become the disciple-maker God
is calling them to be through
your ministry of overflow.