

Resource Ideas for your Life Group

Activity-Based: Kick off your activity with a short devotional thought from a [Devotional](#) book. Simple, impactful, and needs zero prep time. Many topics, lengths and styles in dozens of titles at the ABC. Or, consider reading a powerful testimony or a short story from a [Guide's Greatest](#) compilation. For quieter events play an [audio book](#) or [Bible story](#) dramatization during the activity.

Bible Study: Decide on the depth of study you wish to conduct. The ABC has material ranging from beginner to scholar. [Study lessons](#), where each member puts pen to paper, come in a wide range of topic-based studies. These work well for methodical study, encourage full-class participation. Intermediate to advanced members may gravitate to study that is more practical for use in daily life or intellectual stimulation. These groups could use [devotional commentaries](#), or materials that discuss basic [apologetics](#), archeology, [science](#), or other subjects.

Book-Based: The ABC carries ancillary leader materials for individual books on many subjects. [Through the Eyes of Luke](#) or one example of a book of the Bible study. Several guides exist for Ellen White books or numerous other Christian growth titles. Selections can be as affordable as \$2.00 per member.

Disciple-Making: Study and resource materials in this category are numerous and quite good. The [Discipleship Handbook](#), [Spread the Word](#), or the ever-popular [Studying Together](#) are perfect at helping guide and encourage outreach and personal witness. These and other excellent resources produced by the Adventist Church are carried in the ABC.

Support Group: There are a surprising number of resources to choose from. [Steps to Christ recovery edition](#) (addictions), [Breaking the Silence](#) (pornography), [Depression the Way Out](#) (Mental wellness), [Life after Loss](#) (grief), [Memory Makeover](#) (mental acuity), and more.

Topical: Choose your topic and visit or call us at the store. We have specific leader guides for Prayer, Beliefs, Health, Creation/Evolution, Marriage, Relationships, Theological ideas, the SDA fundamental beliefs, Christian Living and more. Really, you can pick almost anything!

Women's Ministries: In this category, materials may be found in all the above methods but that cater to women. [Strength for the Day](#) is a great devotional, topical studies by [Elizabeth Talbot](#), [Bible Studies for Busy Women](#) study lessons, and the [Women's Study Bible](#) for small groups are great examples. Whatever approach you choose, the ABC has a women's study to fit.

Faculty & Staff: Come to the ABC to review any number of Small Group study guides. [Let's Talk about Jesus](#) has is an excellent new study centered on the life of Christ. Anything by Kurt Johnson is also excellent including his practical two-book series on [The Great Controversy](#).



For more ideas, visit the ABC store by the VM or call 423-396-2814